

## Payment Policy: High Complexity Medical Decision-Making

Reference Number: LA.PP.051

Effective Date: 08/2020 Coding Implications

Date of Last Revision: 7/2023 Revision Log

## See Important Reminder at the end of this policy for important regulatory and legal information.

## **Policy Overview**

There are sections of the Evaluation and Management (E/M) Services that are applicable to all E/M categories, and there are sections that have special significance to a particular category. The AMA Current Procedural Terminology (CPT) book lists categories in addition to subcategories of special services together with section-specific criteria.

In E/M section of CPT includes codes that range from 99202-99499. Each category may have specific guidelines or codes that apply to that area, with specific details to outline requirements for code selection, based on the providers documentation.

The criteria for code selection are not the same as the documentation of E/M service requirements. The reporting physician or any authorized healthcare provider is responsible for using and applying the rules for choosing a code. Documentation in the medical record has two purposes: it supports the patient's care provided by the treating physician and gives other physicians who are treating the patient now or in the future access to the patient's medical history and specifics of their treatment.

The basic format of codes with levels of E/M services are based on Medical Decision Making (MDM) or time will look the same. The place of service type is defined by the location where the face-to-face encounter with the patient and/or family or caregiver occur.

The selection of an appropriate Evaluation and Management Service (E&M) is based upon seven components pertinent to the patient's encounter with the provider: 1) history, 2) examination, 3) medical decision making, 4) counseling, 5) coordination of care, 6) nature of presenting problem, and 7) time. Medical decision making is based upon the physician's complexity of establishing a diagnosis and/or selection of options to manage the patient's health.

Starting on Jan. 1, 2021, AMA and CMS updated most E/M visit families to choose the visit level based on the level of MDM or the amount of time spent with the patient. The Health Plan follows the guidance of AMA and CMS for code selection. The purpose of this policy is to discuss the appropriate assignment of moderate to high complexity E/M services, with MDM as the key component of the assignment process. To bill for any code, the services provided must meet the definition of the code. The codes must reflect the services you are providing and documenting.

E/M services are assigned based on the medical appropriateness/necessity of the physicianpatient encounter and must meet the specific requirements of the Current Procedural Terminology (CPT) code billed on the claim. Physicians should not submit a CPT code for a



higher intensity E/M service if the circumstances surrounding the physician-patient encounter do not support medical decision making of moderate to high complexity. Medical necessity is the primary reason CMS recommends payment for services.

### **Application**

Physician and non-physician practitioners who provide:

- Office and other outpatient services
- Hospital observation
- Inpatient services
- Consultations
- Emergency Department Visits
- Nursing Facility Services
- Domiciliary Services
- Home Services

### **Policy Description**

In 2012, the Office of Inspector General (OIG) reported in their article, "OIG, Coding trends of Medicare Evaluation and Management Services" that from 2001 to 2010, physicians increased billing of higher-level E&M services. Consequently, higher level E&M services are reimbursed at a higher level of reimbursement. Furthermore, the report revealed that E&M services are 50% more likely to be paid in error as a result of miscoding or coding errors.

As a result of this study, the OIG determined that 26% of Medicare claims reviewed were billed with a higher intensity E&M code than supported by the medical documentation.

Medical decision-making is a key component necessary to assign the appropriate level of E&M visit type. There are four types of medical decision making:

- Straight-forward
- Low complexity
- Moderate complexity
- High complexity

Medical decision making is defined by the complexity of a physician's work that is necessary to establish a diagnosis and/or to select a healthcare management option. When determining the level of E&M service to assign, the physician must consider 1) the number of possible diagnoses or health management options, 2) the amount or the complexity of medical records, diagnostic testing or any other information that must be reviewed and evaluated, and 3) the risk of complications, morbidity and/or mortality.

The following chart describes each of the four types of medical decision making listed above:



| Number of diagnoses | Amount and/or         | Risk of complications | Type of decision    |
|---------------------|-----------------------|-----------------------|---------------------|
| or management       | complexity of data to | and/or morbidity or   | making              |
| options             | be reviewed           | mortality             |                     |
| Minimal             | Minimal or None       | Minimal               | Straightforward     |
| Limited             | Limited               | Low                   | Low Complexity      |
| Multiple            | Moderate              | Moderate              | Moderate Complexity |
| Extensive           | Extensive             | High                  | High Complexity     |

Level of Care Based on Time is used differently in some time-based E/M code categories (such as Critical Care Services) that do not contain MDM-based service levels in the E/M section. It is crucial to look over the guidelines for every category. When code selection is based on time, the time listed must be met or exceeded for the date of the encounter.

When choosing an E/M service code based on time, the right level of services is chosen using the time specified in the service descriptors. Time for these services is the entire duration on the encounter date for coding purposes.

Time is defined as the total billing practitioner time spent, including non-face-to-face work done on that day. The nature of the work must require practitioner knowledge and expertise. Time includes any of the activities, when provided:

- Preparing to see the patient (review of tests)
- Obtaining and/or reviewing separately obtained history
- Preforming a medically appropriate examination and/or evaluation
- Counseling and educating the patient/family/caregiver
- Ordering medications, tests, or procedures
- Referring and communicating with other health care professionals (when not reported separately)
- Documenting clinical information in the electronic or other health record
- Independently interpreting results (not billed separately) and communicating results to the patient/family/caregiver
- Care coordination (not billed separately)

Time does not include travel, instruction that is broad and does not just focus on the conversation needed to care a particular patient, and services that can be billed separately.

The following chart can be used for determination of coding based on the total time on the date of encounter for New or Established patients.

| Code  | Time Range    |
|-------|---------------|
| 99202 | 15-29 minutes |
| 99203 | 30-44 minutes |
| 99204 | 45-59 minutes |
| 99205 | 60-74 minutes |



| 99212 | 10-19 minutes |
|-------|---------------|
| 99213 | 20-29 minutes |
| 99214 | 30-39 minutes |
| 99215 | 40-54 minutes |

#### Reimbursement

Payers expect that a provider who bills a high intensity E&M service is either treating a very ill patient or the physician was required to review an extensive amount of clinical data to determine the best health management option. To ensure proper reimbursement when billing high intensity E&M codes, providers must show documentation that supports medical necessity and:

- 1. An extensive number of diagnoses or management options reviewed
- 2. An extensive amount and/or complexity of data reviewed
- 3. High risk of complications and/or morbidity and mortality

Providers who do not adhere to the requirements above may be subject to a post payment medical record review and payment recoupment

### **Documentation Requirements**

#### Number of Diagnoses and/or Health Management Options

This is based on the number and types of problems addressed during the patient encounter, the difficulty in establishing a diagnosis and the complexity of health management decisions made by the provider.

For each patient encounter documentation should include:

- 1. An assessment, clinical impression or diagnosis
- 2. If the patient presents with an established diagnosis, documentation must include whether or not the condition is improved, well controlled, resolving, resolved, inadequately controlled, worsening or failing to improve.
- 3. If the patient presents with a problem without a diagnosis, the provider should document their clinical impression in the form of a "possible," "probable," or "rule out" diagnoses.
- 4. Initiation of a treatment plan or changes in the treatment plan.
- 5. If a referral or consultation is sought, the physician should document to whom or where the consultation is made or from whom the consultation was requested.

### Document the Amount and/or Complexity of Data to Be Reviewed

Providers should base documentation on the types of diagnostic testing ordered and reviewed. Obtaining old medical records and history from sources other than the patient increase the amount of complexity and data reviewed.

For each patient encounter documentation should include:

1. Diagnostic tests or services that were ordered, performed, planned or scheduled during the E&M encounter.



- 2. Review of any diagnostic tests or services performed. Medical records should clearly support that the tests were reviewed.
- 3. Determination to obtain old medical records or seek health information from someone other than the patient.
- 4. Significant findings from old medical records and/or receipt of additional history from the family
- 5. The results of discussion diagnostic testing with another physician who performed the testing.
- 6. Direct visualization and independent interpretation of an image, tracing, or specimen previously or subsequently interpreted by another physician.

### Risk of Complications, Morbidity and/or Mortality

When determining the risks of complications, morbidity or mortality, the physician must assess the risks associated with the presenting problems, diagnostic procedures and the possible health management options.

For each patient encounter, documentation should include:

- 1. Comorbidities/underlying diseases contribute to the risk of complications, morbidity and mortality. This increases the complexity of medical decision making.
- 2. Documentation of provider orders, scheduling or planning a surgical or invasive procedure at the time of the E&M visit, including the type of procedure.
- 3. Documentation of any surgical or invasive diagnostic procedures performed at the time of the E&M encounter.
- 4. The referral for or a decision to perform a surgical or invasive diagnostic procedure on an urgent basis should be documented or implied.

### **Provider Documentation**

When documenting the medical visit, physicians must ensure that the medical record documentation is:

- 1. Intelligible The medical record should include the date and legible identity of the physician who furnished the service.
- 2. Concise The care the patient received and related, facts, findings and observations about the patient's health history.
- 3. Supports the medical necessity reason for the visit and the level of E&M service billed.
- 4. The medical record must be complete.

#### **Medical Record Authentication**

The health plan requires that services provided to the member/enrollee must be authenticated by the author of the medical record. Medical records must be signed prior to submission of the claim. The signature must be handwritten or electronically signed.

Providers who do not adhere to the requirements may be subject to a post payment medical record review and payment recoupment.

#### **Definitions**

Evaluation and Management (E&M)



Physician-patient encounters that are translated into five-digit CPT codes for billing purposes. Different E&M codes exist for different patient encounters such as office visits, hospital visits, home visits and etc. Each patient encounter has different levels of care. For example, Initial Hospital Care has three levels of care for this encounter (99221, 99222 and 99223).

### Office of Inspector General (OIG)

The largest inspector general's office in the Federal Government dedicated to combating fraud, waste and abuse.

#### Additional Information

https://oig.hhs.gov/oei/reports/oei-04-10-00181.pdf

#### **Related Documents or Resources**

| Policy Number | Policy       |
|---------------|--------------|
| LA.PP.021     | Clean Claims |

#### References

- 1. Current Procedural Terminology (CPT)®, 2024
- 2. HCPCS Level II, 2024
- 3. https://www.cms.gov/outreach-and-education/medicare-learning-networkmln/mlnproducts/downloads/eval-mgmt-serv-guide-icn006764.pdf
- 4. OIG May 2014, "Improper Payments for Evaluation and Management Services Costs Medicare Billions in 2010" https://oig.hhs.gov/oei/reports/oei-04-10-00181.pdf
- 5. https://www.ama-assn.org/system/files/2023-e-m-descriptors-guidelines.pdf

| Revision History  | Revision<br>Date | Approval<br>Date | Effective Date |
|---|------------------|------------------|----------------|
| Converted corporate to local policy.  | 03/21            |                  |                |
| Annual Review; Addition of new E/M documentation guidelines for 99202-99215  Dates updated in the reference section from 2019 to 2021  Removed clinical and added payment policy in "Important Reminder" section" |                  |                  |                |
| Annual review; code list removed as this information can be referenced in the current CPT manual; reference dates updated. Changed member to member/enrollee  | 07/23            | 9/25/23          |                |
| Annual review; updated the policy overview and the E/M guidelines to match new AMA & CMS guidance; updated and included links and dates to include AMA & CMS links.   | 06/24            | 10/28/24         | 12/2/24        |

#### **Important Reminder**

This payment policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted



standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this payment policy; and other available clinical information. LHCC makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this payment policy. This payment policy is consistent with standards of medical practice current at the time that this payment policy was approved.

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This payment policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members/enrollees. This payment policy is not intended to recommend treatment for members/enrollees. Members/enrollees should consult with their treating physician in connection with diagnosis and treatment decisions.

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